

BLEEDING CONTROL INSTRUCTIONS

This instruction card is intended to provide guidance in an emergency situation. It is NOT a substitute for proper instruction, training, and practice.

1 GLOVES & SHEARS For Personal Protection & Access



Use shears to remove enough clothing to expose wound area.

2 CAT TOURNIQUET For Severe Bleeding

Consult detailed instructions included with tourniquet. Use only on arms and legs. Apply at least 2-3 inches above wound, not on a joint. Wrap around limb and pull strap tightly. Turn rod until bleeding stops. Secure rod in clip. Wrap remaining strap inside clips and over rod. Secure with hook and loop. Record application time on time strap with enclosed marker.



3 COMPRESSED GAUZE For Wound Packing



To staunch bleeding, use enough to fill wound space completely. Hold pressure for 3-4 minutes. Cover with compression wrap (included Emergency Trauma Dressing).

4 EMERGENCY TRAUMA DRESSING For Wound Packing

Use over compressed gauze if wound requires packing. Place pad over wound site. Wrap snugly to apply pressure to wound. Secure the clip.

